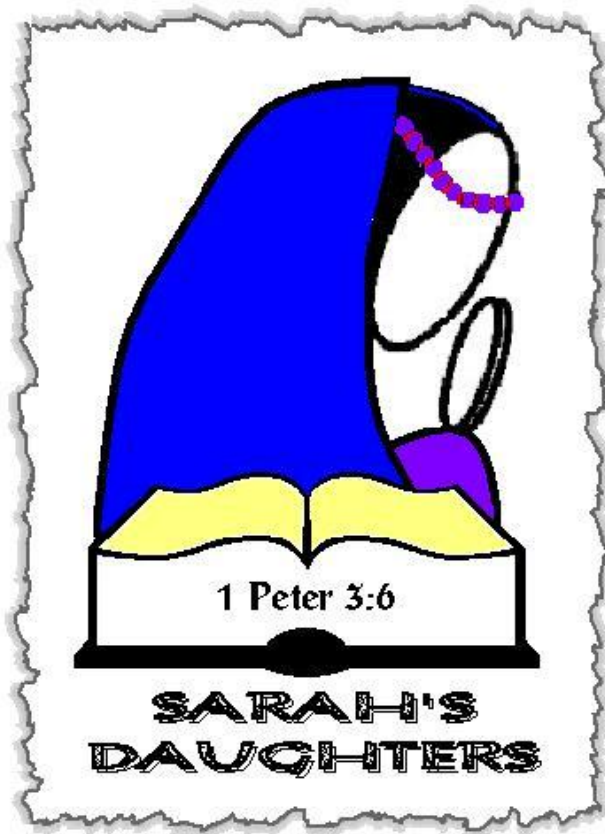


**"The Lady, Her Lover and Her Lord" book study  
By Sarah's Daughters**



Welcome to Sarah's Daughters online course based on the wonderful book by Bishop T.D. Jakes, "The Lady, Her Lover and Her Lord." This course will help teach you how to improve your relationship with yourself and with God. It will also teach you how to be single or married, and glorify God and enjoy your life in either station.

To begin this course you need the following supplies:

1. A journal or notebook (fancy or plain isn't important, so long as it is something you enjoy writing in.)
2. A pen or pencil that is comfortable for you to use.
3. If you prefer not to write, use a word processing program on your computer to journal, or one of the many available diary software programs.
4. An open heart and mind to hear the voice of God as He teaches you through this book.
5. Naturally, a copy of "The Lady, Her Lover, and Her Lord."

You may decide to save or print these lessons for your own use, or for use in a small group study. You are welcome to do so, however if used in a group or church setting, please give credit to <http://PrincessWives.tripod.com> . Thank you!

Each chapter has coordinating questions listed below. Take your time in answering these questions! Whether this course takes you one week or one year isn't important! What does matter, however, is you gain the wisdom that God is trying to teach you from this brilliant book!

**Lesson #1**  
**"The Lady"**  
**Chapter 1: "Falling In Love With Yourself"**

1. Who is the source of love in your life? You? Your mate? Someone else?
2. Do you lean towards being a martyr or a narcissist? Reasons to support your answer:
3. When was the last time you spent time alone and enjoyed it? Describe the incident.
4. What do your actions say about how you want people to treat you?
5. What ways can you apply the 3 p' s in your life?

**Chapter 2: "Female Footsteps On The Run!"**

1. How can you become more child-like (not child-ish)?

**Chapter 3: " Bent Babies Make Broken Ladies"**

1. Has trauma in your life caused you to build a shell around yourself? Are you able to pray now, asking God to show you how to dispose of that shell? Write out your prayer.
2. Are you like the ocean, knowing what to release and what to hold onto? If not, write out another prayer, asking God to show you how to learn.
3. Do you know someone who has survived a similar situation? How can you help her overcome her pain? Or if not, can you start a support group for others who have experienced what you have?

4. Who do you expect to carry your pain?
5. It's time for a funeral. Bury your past pain in an act of faith, to show yourself that the pain will no longer control you anymore. Describe how you plan to do this.

#### **Chapter 4: "The Grace To Be A Lady And The Strength To Endure"**

1. Are you feeling the call to let your inner lady come out? What can you do to help her feel safe enough to come out for good?
2. Name a great lady you have known. Your grandmother? A friend? Describe her.
3. Read Proverbs 31:24-28 on page 53. Does this describe you? Why or why not?
4. Are you out of balance in any areas of your life? Describe.
5. How can you get a healthy balance back in your life?

#### **Chapter 5: "A Woman With Balance"**

1. Have you asked God to help you balance the rolls in your life? Write a simple prayer asking for this.
2. What do you do to replenish yourself?
3. Do you tell people when you are feeling overwhelmed? If not, why not?

4. Do you lean towards being the guide or the final destination?
  
5. What can you do to make your house more of a home?

### **Chapter 6: "The Lady: A Private Garden"**

1. Is someone currently planting or has someone bad seeds in the garden of your heart? Explain. Then, replace bad seeds with the word of God. Find a verse that is especially meaningful to you and claim it for yourself.
  
2. How do you behave in a crisis situation? (Example crisis for the purpose of this question: your mother suddenly becomes ill and needs your help to care for her)
  
3. Do you know who you are in Christ? List 2 verses that explains your identity as a born again believer in Jesus.
  
4. What 4 tools did Satan use to deceive Eve (that he still is using today)?
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